

Portobello Physiotherapy

sports performance clinic



Darragh Rowan is a Chartered Physiotherapist and Certified Strength and Conditioning Specialist at Portobello Physiotherapy Clinic Dublin. He currently serves as Physiotherapist and Head Strength and Conditioning Coach to Tennis Irelands National Squad at the BNP Paribas National Tennis Centre.

He is a former international level tennis player and an I.T.F level three tennis coach. Darragh specialises in the rehabilitation of sports related injuries and also in the provision of sports specific performance enhancement programmes. Darragh has a keen interest in rehabilitating and training tennis players of all levels.

To book an appointment with Darragh or another member of our team please call Portobello Physiotherapy at 01-4763330 or 01-4763331

Services provided

- Functional Movement Screening
- Performance Testing
- Individual/ Team Strength and Conditioning Classes
- Exercise Rehabilitation
- Dry Needling
- Joint Mobilisation
- Joint Manipulation
- Sports Taping
- Kinesio Taping
- Deep Tissue Massage
- Sports Massage



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